

COOKING PROCESSES

6. Define **each** of the following methods of cooking: (6)

(i) Poaching _____

(ii) Pot Roasting _____

7. List **two** physical changes that occur during the cooking of food and give **one** example of each. (6)

Physical Change	Example

(2009 HL)

7. List **two** chemical changes that occur in food during cooking and give **one** example of each change. (6)

Chemical Change	Example
1.	1.
2.	2.

(2009 OL)